

If you're pregnant or were recently pregnant, talk to your healthcare provider about the COVID-19 vaccine today.

### Key Points:

1. The COVID-19 vaccine doesn't cause complications with a pregnancy.
2. COVID-19 vaccination during pregnancy builds antibodies that might protect the baby.
3. The vaccine doesn't cause COVID-19 in anyone, including mother and baby.



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Sara



Lupe

## For the Good of My Baby



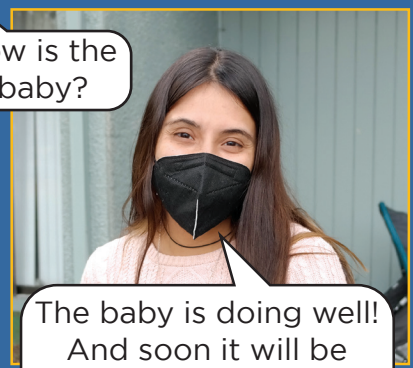
The COVID vaccine and pregnancy

Outside of Sara's apartment, Lupe arrives for a visit.

Here, I got you something. Thank you.



How is the baby?



The baby is doing well! And soon it will be your turn.

I'm so excited about the baby, but I'm worried about COVID.

Haven't you gotten vaccinated?



No--I've heard the vaccine can hurt the baby.



Lupe, there are a lot of rumors going around--but they're not true.

I spoke with my healthcare provider before my baby was born. He told me the vaccine is safe. He is encouraging women to get vaccinated while they're pregnant.



I just don't want to lose the baby!



Of course not! There is no evidence that the COVID vaccine causes miscarriages.



What may make miscarriage and early labor more likely is having COVID-19.

Really?



Yes! And actually, if you receive the COVID-19 vaccination, it might help protect the baby against COVID-19.

Oh. I do want my baby to be protected.



The best way to protect your baby is to protect yourself!



Talk to your healthcare provider about getting vaccinated.

Maybe you're right.



I will! I want to do what is best for my child.



That's great.



Healthy moms have healthy babies.



## THE COVID-19 VACCINE AND PREGNANCY OUTREACH GUIDE

“For the Good of My Baby”

### 1. Initial dialogue

Start with an introduction, like this one:

*“Hi, my name is [name]. I’m an outreach worker with [organization]. I’d love to talk with you about the COVID-19 vaccine, and how that can be helpful if you’re pregnancy. What do you know about the vaccine and pregnancy?”*

Give the participants a chance to respond, then say:

*“I’d love to discuss this with you, so here are some materials to get our conversation started.”*

### 2. Read the *fotonovela* out loud with the workers

#### Training Tip

If you’re talking to multiple people, assign them parts and have them act out the script!

### 3. Discussion

After reviewing the materials, ask one of the participants to give a brief summary of the story.





Then, discuss the following questions. Take time to address any doubts, concerns, or questions that come up.

- a. How do you feel about what we just read? Did anything frighten or worry you, that you'd like to talk about more?
- b. What have you heard from others in your community about pregnancy and COVID-19? Is this similar or different from the information in the *fotonovela*?
- c. What was something new you learned from the *fotonovela*?
- d. Do you feel differently about anything after reading the *fotonovela*?
- e. What would you like to learn more about? What information could help you or others feel more certain about this topic?

#### 4. Resources

Before the session, look up the contact information of local people and organizations that can help participants learn more. Write them down here.

Then, use these resources to help you answer any questions and to connect people to the services they need.

- *General information on vaccines and pregnancy:*  
<https://espanol.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/pregnancy.html>
- *MotherToBaby Hotline:* 1-866-626-6847
- *Phone number of a local health center or Department of Health:* \_\_\_\_\_
- *Other phone numbers:* \_\_\_\_\_



### Training Tips

- Throughout the discussion, check in with participants and observe their body language to see how they're feeling.
- Point people to resources so they have reliable information to consult when they feel unsure.
- Offer to continue the conversation with them later, if needed.

## 5. Key Points

Before finishing, review these key points:

- a. The COVID-19 vaccine doesn't cause miscarriages or other complications with a pregnancy.
- b. It is possible that some of the mother's antibodies (protections) transfer to the baby.
- c. The vaccine doesn't cause COVID-19, so there is no way it can give the baby COVID-19.



### Action items!

Remind participants to:

- If you're pregnant, get vaccinated.
- Ask your healthcare provider about the vaccine.

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