

# COVID-19 Vaccine Myth:

COVID-19 vaccines are only for adults.

**Fact: COVID-19 vaccines are now approved and recommended for persons starting at age 5. It continues to be the best option to protect someone against COVID-19.**

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#PoderEnSalud #PowerInHealth #LatinosCovid**



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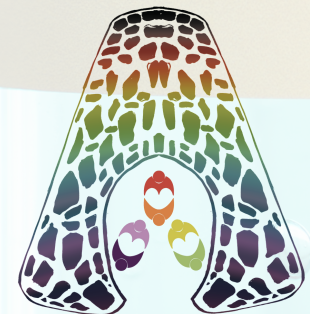
# COVID-19 Vaccine Myth:

Drinking alcohol can prevent Covid-19.

**FACT:** Drinking alcohol does not prevent a person from getting a COVID-19 infection. In fact, frequent or excessive drinking can be dangerous to your health. Vaccination and wearing a mask snugly over your nose and mouth are the best way to prevent COVID-19.

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Access to Racial & Cultural  
Health Institute, Inc.



COVID-19  
**PODER  
en SALUD**

[Access to Racial & Cultural  
Health Institute, Inc.]

# COVID-19 Vaccine Myth: COVID-19 vaccines contain microchips.

**FACT:** COVID-19 vaccines do not contain microchips or any other technology to track/monitor people. The COVID-19 vaccines are made from safe ingredients that help your body fight against COVID-19. No preservatives or animal products are used.

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# COVID-19 Vaccine Myth:

Taking extra vitamin C will prevent COVID-19.

**FACT:** There is no evidence that taking extra vitamin C will prevent COVID-19 infection. In fact, the body can only absorb a limited amount of vitamin C and any excess will be excreted. Getting vaccinated and boosted for COVID-19 is the best prevention.

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# COVID-19 Vaccine Myth: COVID-19 vaccines cause variants

**FACT: COVID-19 vaccines do not create or cause variants of the COVID-19 virus. As the virus spreads, it changes and variants are created. COVID-19 vaccines are the primary tool to help reduce the spread and prevent new variants from emerging.**

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