



A Non-profit, Federal Tax Exempt 501(c)(3) Organization



1st precaution

Masks are made to contain droplets and particles you breathe, cough, or sneeze out. If they fit closely to the face, they can also provide you some protection from particles spread by others, including the virus that causes COVID-19.

2nd precaution

To prevent the spread of germs including the COVID-19 virus, wash your hands with soap and water for at least 20 seconds.



3rd precaution

But if soap and water are not available, using a hand sanitizer with at least 60% alcohol can help you avoid getting sick and spreading germs to others. Alcohol-based hand sanitizers can quickly reduce the number of germs in many situations.



4th precaution

Getting vaccinated is the best thing you can do to help your community with the fight against COVID-19.



Together we can stop the spread of COVID-19. Call **1-800-232-0233** to find the nearest location to set up your COVID-19 vaccine appointment. For more information consult a doctor or a school nurse.